



Denise Williams, EdD

Senior Consultant

Denise is a Senior Consultant at The Leader's Edge. She is an experienced coach, Licensed Professional Counselor, and Adjunct Professor at New York University and Seton Hall University whose mission is to work with individuals to help them overcome obstacles, make positive changes in their life, and achieve their goals.

Dr. Williams has held posts in Fortune 100 companies including Accenture and JPMorgan Chase; and has provided change management consultancy to top tier firms. Denise brings to The Leader's Edge a successful history of working closely with individuals and teams to leverage their strengths, articulate their goals, and challenge perspectives, in order to maximize personal and professional impact.

Currently, Dr. Williams serves as a licensed psychotherapist where she facilitates inquiry and exploration to assist clients make positive changes.

As supplement to an extensive professional career, Dr. Williams earned a doctorate in Adult Learning and Leadership from Columbia University. Her research into the lived experiences of female executives challenges widely held theories about the behaviors of leaders.

In Dr. Williams work with The Leader's Edge/Leaders By Design, she provides personal coaching, career counseling, and change management services to mid- and senior-level professionals.

Her zeal for humanity weaves a common theme throughout her endeavors, whether in a corporate sphere that allows employees a chance to tap into their passion and perform excellently or in a clinical context aimed at providing individuals an opportunity to lead the best version of their lives.

Her recent work, *Wellspring of Words* was published in 2020. This book draws on science, psychology, and Scripture to bring to light the extraordinary power of our words to bring health or harm to the human mind, body, and spirit.

In her free time, Denise enjoys hiking, hosting vision-board workshops, and endorsing optimism.