



EXCEL

Leadership Development
For Emerging Women Leaders

PROGRAM DATES

September 24, 2024 | October 22, 2024 | December 10, 2024 | January 14, 2025

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EXCEL is a dynamic leadership development program that prepares emerging women leaders to make greater contributions to the organization.



The program includes:

- Leadership assessments to increase self-awareness
- Interactive large group skills-building sessions:
 1. *Leveraging Your Unique Strengths*
 2. *Building Strategic Influence and Key Relationships*
 3. *Developing Your Leadership Style and Personal Brand*
 4. *Cultivating Resilience for a Successful Career*
- Small group coaching meetings to reinforce the practical application of skills
- Opportunities to address individual challenges with experienced executive coaches
- Individual conversations for preparation and reinforcement of learnings
- Targeted Leadership Development Plan

EXCEL develops the **CRITICAL SKILLS** that valued leaders need to successfully navigate their business environment, **PREPARING THEM TO ADVANCE** to the next step in their organization.



KEY OUTCOMES

- Enhanced leadership presence and confidence
- Increased flexibility in leadership style
- Improved influencing skills and ability to “manage up”
- Greater resilience and adaptability

WHO SHOULD ATTEND

Manager level women and individual contributors entering into leadership roles

TO LEARN MORE ABOUT EXCEL

Contact us at info@the-leaders-edge.com or 610-660-6684
www.the-leaders-edge.com

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Individual Consultation #1
Prepare for the EXCEL Process

SESSION 1 – SEPTEMBER 24, 2024
9:00–4:00 EST • In Person • Leveraging Your Unique Strengths

- Program Objectives
- Identifying Your Strengths
- Leveraging and Promoting Your Strengths

Small Group Coaching #1
Strengths & Self-Promotion

SESSION 2 – OCTOBER 22, 2024
9:30–12:00 EST • Virtual • Building Strategic Influence and Key Relationships

- Influencing Techniques
- Strategic Networking

Small Group Coaching #2
Influencing & Networking

Individual Consultation #2
Check-in to Review Progress

SESSION 3 – DECEMBER 10, 2024
9:30–12:00 EST • Virtual • Developing Your Leadership Style and Personal Brand

- Leadership Assessment
- Your Leadership Style, Voice and Personal Brand

Small Group Coaching #3
Leadership Style & Brand

SESSION 4 – JANUARY 14, 2025
9:30–12:30 EST • Virtual • Cultivating Resilience for a Successful Career

- Key Aspects of Resilience
- Using Resilience Muscles
- Program Wrap-Up

Small Group Coaching #4
Resilience

Small Group Coaching #5
Leadership Development Plan

Individual Consultation #3
Leadership Development Plan Review



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